

Colon Hydro-Therapy Contraindications Questionnaire

To Determine Your Eligibility for Colon Hydro-Therapy Session

These standards are meant as general guidelines. Because each person has a unique medical history, you should consult your physician to determine if you are healthy enough to undergo colon hydro-therapy. Persons with certain medical conditions (contraindicated conditions) are prohibited from undergoing colon hydro-therapy unless they are given approval from and/or by prescription from their physician. These conditions include the following:

Contraindicated conditions (Not eligible for Colonic)

- Kidney Dialysis
- Pregnancy
- Renal failure or renal insufficiency (Kidney failure)
- Cirrhosis of the Liver

Conditions by prescription only

- Anemia: Severe
- Aneurysm
- Carcinoma
- Cardiac Disease: Severe (e.g. Uncontrolled hypertension or high blood pressure)
- Crohn's Disease
- Congestive Heart Failure (e.g. Organic Valve Disease)
- Diverticulitis: Severe or Acute
- Epilepsy/Seizures
- Fissures/Fistulas
- GI Hemorrhage/Perforation
- Hemorrhoids (when excessive bleeding is present)
- Hernia: Incarcerated Abdominal
- Prostatitis
- Surgery: Recent Abdominal (6 months or earlier post-surgery)
- Tumors
- Ulcerative Colitis: Severe

My signature verifies that: *(check one of the following statements)*

I have read the above and do not have any of the contraindicated conditions.

OR

I may have or do have a condition that requires me to have a prescription for the colonic treatment I have scheduled. I understand that my therapy will be rescheduled if I am unable to meet the above terms and conditions.

Client Name (Signature)

Date

Client Name (Printed)

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Contraindications for Colon Hydro-Therapy

The Global Professional Association for Colon Therapy (GPACT) in collaboration with the doctors of GI Doctors NY developed the following standards. These standards are meant as general guidelines. Because each person has a unique medical history, they should consult their physician to determine if they are prohibited from undergoing colon hydro-therapy.

People with certain medical conditions should NOT undergo colon hydro-therapy unless given approval from and/or by prescription from their physician. These conditions include the following:

Anemia: Severe

- Contraindicated if patient is already at risk of cardiac compromise due to Anemia. They may experience worsening of their Anemia due to secondary to fluid absorption through the large intestine.

Aneurysm

- Contraindicated when Aneurysm is located anywhere in the abdominal cavity.
- Contraindicated when the patient is taking blood thinners (Coumadin with therapeutic levels).

Carcinoma

- Contraindicated when Carcinoma is located in the rectum or large intestine.

Cardiac Disease: Severe

(e.g. Uncontrolled Hypertension)

- The procedure of Colon Hydro-therapy and/or post therapy while someone is using the bathroom to eliminate may raise the patient's blood pressure creating a contraindication.

Cirrhosis of the Liver

- Contraindicated.

Congestive Heart Failure

(e.g. Organic Valve Disease)

- These patients have poorly functioning hearts and cannot tolerate the additional stress on the heart/fluid intake that is absorbed through the large intestine thus creating a contraindication.

Crohn's Disease

- Contraindicated when advanced.

Diverticulitis: Acute

- Due to (current infection) the inflamed colonic mucosa of the intestinal wall has a heightened chance of perforation due to water pressure thus creating a contraindication.

Epilepsy/Seizures

- Contraindicated when uncontrolled

Fissures/Fistulas

- Contraindicated if painful and bleeding

GI Hemorrhage/Perforation

- Contraindicated if intestinal perforation

Hemorrhoids

- Contraindicated when excessive bleeding is present

Hernia: Incarcerated Abdominal

- Contraindicated when if painful

Kidney Dialysis

- Contraindicated

Pregnancy

- Contraindicated

Prostatitis

- Contraindicated when acute

Renal Insufficiency

- Contraindicated

Surgery: Recent Abdominal

- Contraindicated within 6-months post-surgery:
 - Colon, Rectum, or other abdominal surgery

Tumors

- Contraindicated when it is located in the Rectum or the Colon.

Ulcerative Colitis: Severe

- Contraindicated only when active or bleeding.

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